



# Palliative and End Of Life Care

### **EDUCATION PROSPECTUS**

January 2022 - December 2022

To enquire or book a place on any of our courses please email: education@stmaryshospice.org.uk

or

call: 01229 580305



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St Mary's Hospice Education@ Jan 2022 - Dec 2022

### Meet the team

Welcome to Education at St Mary's Hospice. Our Education Team consists of professionals from many different fields that are dedicated to sharing their wealth of knowledge.



**Joanne Blake** Head of Clinical Services



**Trisha Atkinson**End of Life
Education Facilitator



N**ikki Fisher** Staff Nurse/Practice Educator



**Carol Bradley** Advanced Nurse Practitioner



**Karen Kilduff**Volunteer and Education
Administrator

## Advanced Communication Skills 2 day Training Course

Open to Health and Social Care Professionals who are regularly involved in complex, difficult or challenging conversations with patients, families or colleagues and wishing to practice and enhance their communication skills in a safe and supported environment

#### **Overview**

The training provides a structured evidence based and practical approach to advanced communication skills based on the Connected ACST course.

Over the 2 days participants are able to refresh and review their current communication skills practice and experience through the use of

- Scenario based role play using expert actors and video feedback
- Interactive workshops
- Reflective practice discussions
- Experiential learning

Building confidence to deal more effectively with difficult, challenging and emotional conversations

Fee: £475

Delivered remotely by St Mary's Hospice

#### Date:

Dates for 2022 Coming Soon

Please note delegates must complete the full 2 days to receive their certificate of attendance

### Verification of Expected Death

## A 1.5 hour course aimed at registered nurses who are required within their role to verify the expected death of adult patients

#### Overview

Our session includes:

- · Clarification of 'expected death'
- Legal and professional background
- Coroners role
- Verification procedure
- After death care
- Includes Covid Guidelines



Please note: Delegates will need to make arrangements in their own work setting to achieve clinical competency

Date: Wednesday 15th December 2021

Time 1.30- 3.00pm

## This course is Free

However places are limited so Booking is Essential

Delivered remotely by St Mary's Hospice

## Care of the dying person in the last Days and hours of life

Suitable for Health and Social care staff working in Acute, Hospice, Care Homes and Community Teams, caring for End of Life patients

#### **Overview**

Each education day are stand-alone sessions so you need only attend one of the days.

#### **Our session includes**

- Recognising Dying
- Symptom control
- Advance care planning & Mental Capacity Act
- Nutrition and Hydration
- Communication
- Essential care
- Bereavement

#### **Dates:**

Wednesday 9th February 2022 Wednesday 4th May 2022 Thursday 8th September 2022 Thursday 17th November 2022 **Time:** 9.00 - 4.30pm

This course is FREE.

However,
places are limited so
Booking is Essential
Delivered remotely by
St Mary's Hospice

## Advance care planning and communication skills training day

#### Suitable for any Health, Social Care or Volunteer staff working with individuals who may benefit from the opportunity to Future Care plan.

#### **Overview**

Enables staff to support patients, residents or clients and those important to them to think about their care as they become less well.

#### **Our Session Includes**

- This study day offers the opportunity to gain knowledge and skills, build confidence and develop your practice.
- The day will focus on the principles and benefits of Advance Care Planning, the supporting documentation and associated communication skills.

Free places for this one day course are available for health and social care staff.

#### **2021** & **2022 Dates**;

Wednesday 8th December 2021

Wednesday 12th January 2022

Time: 9.00am - 4.30pm (all dates)

## FREE for Health and Social Care staff

Places are limited so Booking is Essential

Venue:
Delivered remotely
by
St Mary's Hospice





## Advance care planning and communication skills Facilitator 2day Train the Trainer Course

Are you required to educate and support staff in your role?

## Do you have clinical or practical experience of Advance Care Planning?

Are you interested in becoming an Advance Care Planning Trainer and champion in your workplace and organisation?

Do you want to have the skills and knowledge to train and support others in planning for future care?

#### **Overview**

This 2 day Train the Trainer Facilitator course offers the opportunity to develop the, skills and understanding to deliver a 1 day Advance Care Planning (ACP) education day to staff in your organisation.

#### **Our Session Includes**

- The opportunity to attend the 1 day Advance Care Planning education day prior to the 2 day Train the Trainer course.
- Preparing facilitators to become Advance Care Planning champions, cascading learning, mentoring staff and promoting ACP within their organisation.
- Facilitators can attend annual ACP Facilitator/Champion forum meetings.
- You will be supported and mentored with your personal development in this role.

Booking details on page 8





# Advance care planning and communication skills Facilitator 2 day Train the Trainer Course

#### Course Applicants should have.....

- The support of their manager
- Clinical and/or practical experience within current role relevant to staff who will be trained and supported with ACP
- Knowledge of ACP, mental capacity Act, best interest decision making, legal and ethical implications
- Education/training skills
- Communication Skills training

Free places for this one day course are available for health and social care staff.

#### **2022 Dates:**

New Dates to be confirmed when face to face training can re-commence.

If interested please contact education@stmaryshospice.org.uk to register interest.

**Time:** 9.00am - 5.00pm (both days)

## FREE for Health and Social Care staff

Places are limited so Booking is Essential

Venue: St Mary's Hospice, Education Suite





### 'Hospice Heads Up'

Welcome to the new St Mary's Hospice 'bite size' learning series.

## Motor Neurone Disease (MND)

#### Overview

This course is suitable for Health & Social Care staff who are involved with the care of patients with Motor Neurone Disease

#### **Our Session Includes**

- Understanding MND what we know and what we don't know
- Particular challenges MND patients and their families face
- What's different about supporting them at end of life?
- · A chance to ask the questions you've always wanted to ask about MND.

Date: 2022 Dates Coming Soon

Delivered remotely by St Mary's Hospice Via Zoom

1.30-3.00pm

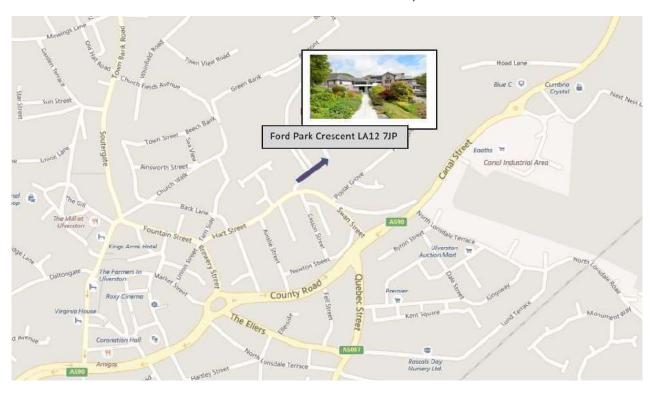
This course is free to all Health and Social care staff working in South Lakeland,
Furness and UHMBT localities
To book a place please
contact the
Education Team
On 01229 580 305
Or email
Education@stmaryshospice.org.uk

## Notes

St Mary's Hospice Education@ Jan 2022 - Dec 2022

## Find us

St Mary's Hospice, Education Suite, Ford Park Crescent, Ulverston LA12 7JP



**Please note** parking at St Mary's Hospice is limited and so we request that parking space is found in the surrounding area.



We are always updating our list of courses so please visit our website regularly to keep up to date

www.stmaryshospice.org .uk/what-we-do/ education

Twitter: @stmaryshospice