

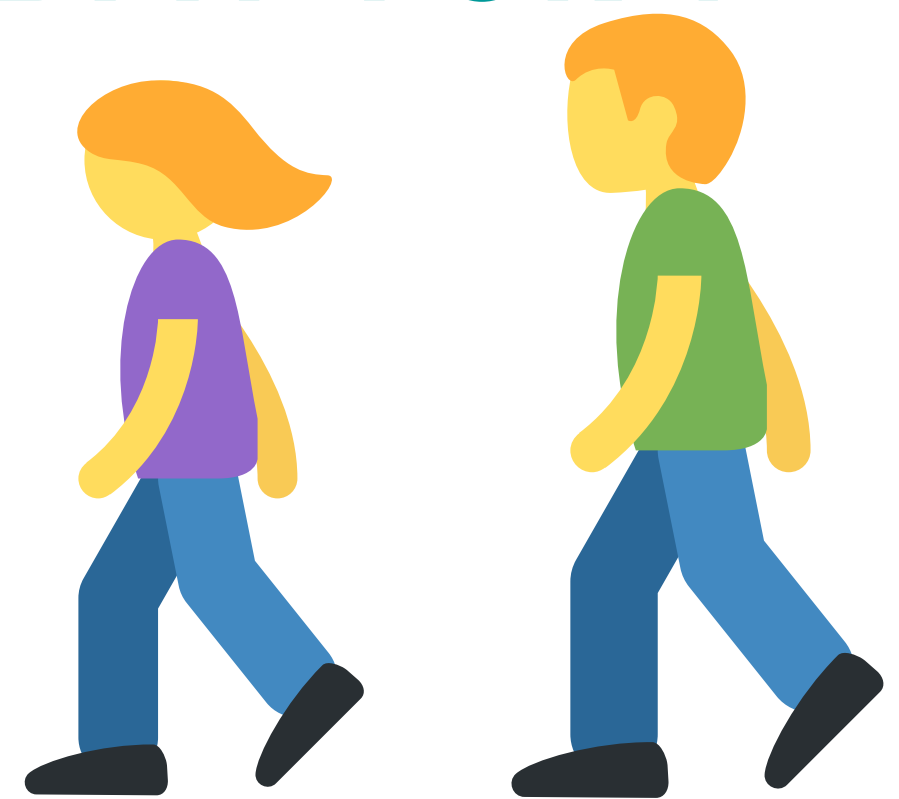
# Sponsored Walk

TO SUPPORT ST MARY'S HOSPICE

Do you want to  
be like Captain  
Tom?



WALK 5 LAPS OF YOUR  
PLAYGROUND EVERY DAY FOR 1  
WEEK



GET SPONSORED 10P PER LAP,  
THAT'S £2.50 IN TOTAL!

We need to raise £3.5M every year to provide care across South Cumbria - only 17% is funded by the NHS.

You can help us make a difference when it matters most.

Email [fundraising@stmaryshospice.org.uk](mailto:fundraising@stmaryshospice.org.uk)  
Ring 01229 580305 for a chat  
Registered Charity No 517738

St Mary's  
Hospice 