

# WALK TO REMEMBER

# TERMS & CONDITIONS

## Terms and Conditions - Walk to Remember 2023

1. Participants must be aged 18 or over. If you are aged 8 to 16 you MUST be accompanied by an adult and their name must be included in your registration details.
2. Places are limited, so if anyone wishes to join your team encourage them to sign up as soon as possible to avoid disappointment.
3. You can register on the night if there are still places available.
4. If you are unable to walk please let us know as soon as possible. Your place is not transferable or refundable.
5. Walking a 10-mile distance is a strenuous activity. All participants should be in a reasonable state of health. If in doubt, please consult your GP prior to start a training programme.
6. The organisation cannot be held responsible for personal accident, injury, loss/damage to personal effects.
7. Walkers are not permitted to start walking until the event is officially started. All walkers are requested to be considerate to residents when walking through residential areas and to keep noise to a minimum.
8. The walk is NOT a race. We ask where possible you stay behind the lead and in front of the back walker. If you choose not to do this you are still welcome to take part BUT you will automatically no longer be the responsibility of St Mary's,
9. For your safety and enjoyment of the event we ask that you follow and adhere to the instructions given by the organisers and volunteers. Please do not walk on roads or disrupt the normal flow of traffic and please make use of official crossings available.
10. If you are unable to complete the walk in full you must inform a steward at the next available marshal point, or if any of your group have been collected prior to the next stop, then please continue to inform the next steward you see.
11. We request that walkers do not consume alcohol whilst walking the route as the law regarding consumption of alcohol on public highways will be contravened. Breach of this law may submit the hospice to legal action. If you choose to consume alcohol, or are not situated between the front and back walker whilst on the route you will no longer be the responsibility of St Mary's hospice.
12. The Walk to Remember is organised by and is for the benefit of St Mary's Hospice only.
13. Minimum sponsorship per participant is £30. Ideas on Fundraising are available on our website.
14. By taking part in the event you are committing to raising funds for the charity.
15. If you are collecting sponsorship monies on behalf of a group please list ALL participants' names when handing the monies to the hospice.
16. You are NOT permitted to use any of the sponsor money you raise to pay for expenses.
17. All sponsorship money MUST be handed to St Mary's Hospice by Friday 13th October 2023.
18. By taking part in the Walk to Remember you are giving permission to St Mary's Hospice and its sponsors to use photographs, recordings, data and any other record of your participation for legitimate purposes, without remuneration. If you do not wish for any images from the evening to be used via website, press and social media you MUST inform us prior to the event or at point of registration. St Mary's will not be held accountable if we are not informed prior to the event.
19. Due to health and safety considerations any participants who have not completed the route by 1am will be picked up by a safety car and returned to Furness Academy.
20. Participants are responsible for travel to and from the finish.
21. The organisers aim to ensure the commencement of the event even in all weather conditions; however, should a decision be necessary to postpone or cancel the event, participants are encouraged to look out for bulletins through local media and the official website at [www.stmaryshospice.org.uk](http://www.stmaryshospice.org.uk)
22. Should alterations to the planned activity be necessary to ensure safety of our participants, the organisers will give prior notice either before the event or on arrival to the event of any alterations made.
23. Please use a lighted device (phone, head torch, hand torch) for any dimly lit areas on the route.
24. If you choose to have your dog on extendable lead we ask that this is always fixed at 1 metre.



St Mary's  
Hospice