



St Mary's
Hospice
Education



St Mary's Hospice Education Prospectus 2024



St Mary's
Hospice

To enquire or book a place on any of our courses please email:
educaton@stmaryshospice.org.uk or call 01229 580305

TABLE OF CONTENTS

	Our Team.....	03
	Advanced Communication Skills..... 2-Day Training Course	04
	Verification of Expected Death.....	05
	Care of the Dying Person..... (in last days and hours of life)	06
	Mayfly Advanced Care Planning.....	07
	Mayfly Advances Care Planning & Communications Skills (2 Day - Train the Trainer Course)	08
	Syringe Driver Training.....	10
	Carer 'Check-in'.....	11
	Find Us.....	12

To book a place on any of our courses please email:
educaton@stmaryshospice.org.uk or call 01229 580305

Our Team

Welcome to Education at St Mary's Hospice. Our Education Team consists of professionals from many different fields that are dedicated to sharing their wealth of knowledge.



Patricia Atkinson
End of Life Care
Education Facilitator



Nikki Fisher
Practice Educator



Carol Bradley
Advanced Nurse Practitioner



Paula Brown
Head of Clinical Care
and Education

To book a place on any of our courses please email:
educaton@stmaryshospice.org.uk or call 01229 580305

Advanced Communication Skills

(2 day training course)

Open to Health and Social Care Professionals who are regularly involved in complex, difficult or challenging conversations with patients, families or colleagues and wishing to practice and enhance their communication skills in a safe and supported environment.

Overview

The training provides a structured evidence based and practical approach to advanced communication skills based on the Connected ACST course.

Over the 2 days participants are able to refresh and review their current communication skills practice and experience through the use of:

- Scenario based role play using expert actors and video feedback
- Interactive workshops
- Reflective practice discussions
- Experimental learning

Building confidence to deal more effectively with difficult, challenging and emotional conversations.

Fee: £475

Delivered
remotely or at St
Mary's Hospice

Dates Available:

Monday 19th & Tuesday 20th February - At St Mary's
Wednesday 13th & Thursday 14th March - Online via Zoom

Please note delegates must complete the full 2 days to receive their certificate of attendance

Verification of Expected Death

A 1.5 hour course aimed at registered nurses who are required within their role to verify the expected death of adult patients.

***Free to health and social care staff working in South Lakes, Furness and UHMBT Localities**

Overview

Our session includes:

- Clarification of 'expected death'
- Legal and professional background
- Coroners' role
- Verification procedure
- After death care
- Includes Covid Guidelines

Please note: Delegates will need to make arrangements in their own work setting to achieve clinical competency

This course is free*

However, places are
limited so booking is
essential

Delivered by
St Mary's Hospice

Dates Available:

TBC

Time:

TBC

Care of the Dying Person

(Last days and hours of life)

Suitable for Health and Social care staff working in Acute, Hospice, Care Homes and Community Teams, caring for End-of-Life patients.

***Free to health and social care staff working in South Lakes, Furness and UHMBT Localities**

Overview

Each education day are stand-alone sessions so you need only attend one of the days Clarification of 'expected death'

- Recognising dying
- Symptom control
- Advance care planning & Mental Capacity Act
- Nutrition and Hydration
- Communication
- Essential care
- Bereavement

Free to health and social care staff working in South Lakes, Furness and UHMBT localities

This course is free*

However, places are limited so booking is essential

Delivered by
St Mary's Hospice

Dates Available:

Thursday 29th - At St Mary's

Time:

9:00 - 16:30

Please not delegates must complete the full 2 days to receive their certificate of attendance

Mayfly Advance Care Planning & Communication skills training

Suitable for any Health, Social Care or Volunteer staff working with individuals who may benefit from the opportunity to Future Care plan.

Overview

Enables staff to support patients, residents or clients and those important to them to think about their care as they become less well.

- This study day offers the opportunity to gain knowledge and skills, build confidence and develop your practice.
- The day will focus on the principles and benefits of Advance Care Planning, the supporting documentation and associated communication skills.

Free place for this one-day course are available for health and social care staff.



**ADVANCE CARE
PLANNING
PROGRAMME**



**North West Coast
Learning Collaborative**

This course is free

However, places are limited so booking is essential

Delivered by
St Mary's Hospice

Dates Available:

Thursday 15th February

Thursday 7th March

Thursday 21st March

Time:

9:00-16:30

ACP Facilitator 2-Day Training

(Train the training course)

**Are you required to educate and support staff in your role?
Do you have clinical or practical experience of Advance
Care Planning?**

**Are you interested in becoming an Advance Care Planning
Trainer and champion in your workplace and organisation?
Do you want to have the skills and knowledge to train and
support others in planning for future care?**

Overview

This 2 day Train the Trainer Facilitator course offers the opportunity to develop the, skills and understanding to deliver a 1 day Advance Care Planning (ACP) education day to staff in your organisation.

Our Session Includes

- The opportunity to attend the 1 day Advance Care Planning education day prior to the 2 day Train the Trainer course.
- Preparing facilitators to become Advance Care Planning champions, cascading learning, mentoring staff and promoting ACP within their organisation.
- Facilitators can attend annual ACP Facilitator/Champion forum meetings.
- You will be supported and mentored with your personal development in this role.

ACP Facilitator 2-Day Training

(Train the training course)

Overview

- The support of their manager
- Clinical and/or practical experience within current role relevant to staff who will be trained and supported with ACP
- Knowledge of ACP, mental capacity Act, best interest decision making, legal and ethical implications
- Education/training skills
- Communication Skills training

*Free places for this one-day course are available for health and social care staff



This course is free*

However, places are limited so booking is essential

Delivered by
St Mary's Hospice

Dates Available:

TBC

Time:

TBC

If you are interested please contact us via email - education@stmaryshospice.org.uk to register your interest.

Syringe Driver Training

Overview

This 3 hour session gives Registered Nurses the chance to enhance their clinical skills, and refresh their knowledge around the subject of syringe drivers.

You will have the opportunity to learn about the theory behind syringe drivers and why we use them, the practical application of syringe drivers in clinical practice and end of life, and time dedicated to practicing how to set up a syringe driver so that you can feel more confident when using them in your practice.

Our session includes

- What are syringe drivers
- Why and when we would use a syringe driver
- Commonly used medications
- Medication doses
- Converting oral to Continuous Subcutaneous Infusion
- Demonstration
- Practical

£35 pp

Places are limited so
booking is essential
Delivered by
St Mary's Hospice

Dates Available:

TBC

Time:

TBC

Carer 'Check-in'

Suitable for Health and Social care staff caring for End-of-Life patients.

***Free to health and social care staff working in South Lakes, Furness and UHMBT Localities**



Overview

In this half day session, we will look at the needs of those informally caring for people approaching the End of Life. We will consider how to:

- Recognising and identify carers, who may not always recognise themselves as carers
- Be aware of the importance of 'Checking-in' with carers
- Have a conversation about carers needs and facilitate their own plan for meeting them
- Discuss available resources and signpost carers to them

This course is free *

However, places are limited so booking is essential

Delivered by
St Mary's Hospice

Dates Available:

Thursday 8th February - At St Mary's

Time:

9:00 - 12:30

FIND US



St Marys Hospice, Ford Park Crescent, Ulverston, LA12 7JP.

Please note parking at St Mary's Hospice is limited and so we request that parking space is found in the surrounding area.



We are always updating our list of courses so please visit our website regularly to keep up to date
www.stmaryshospice.org.uk/what-we-do/education

To book a place on any of our courses please email:
educaton@stmaryshospice.org.uk or call 01229 580305