## **W2R ROUTE MAP**



## W2R START Ulverston Leisure centre LA12 9HT

Lindal-in-Furness

5.2 miles or 1.1 mile to go completing the Walk to Remember Half



4.3 miles to go or Walk to Remember half finish line



1.9 miles to go



W2R FINISH Furness Academy LA13
9BB





## SAFETY NOTES AND NUMBERS

It is the responsibility of each walker to ensure the following:

- Please be aware of fellow walkers and obey the Highway Code at all times.
- Please use a torch device such as a phone, hand held torch, or head torch in dimly lit areas on the route.
- Do not drop litter. Bins are located along the route.
- Alcohol is not to be consumed during the event
- Dogs must be on a lead at all times, extendable dogs leads must be no longer than 1 metre throughout the walk.
- In case of a minor emergency, or if you decide to drop out, you must contact one of the St Mary's Hospice contacts below.
- Most of all, have fun and don't forget to share your pictures/selfies on Facebook, Instagram and Twitter with the hashtag #W2R
  - stmaryshospice f stmaryshospiceulverston stmaryshospice\_

Chief Marshal - Dave Thompson 07962260 731 I.C.E (In Case of Emergency)

If you find yourself in a serious emergency situation, please call the relevant services required on 999, following this up with a call to one of the numbers above

Event Lead - Mel Dixon 07376 793330 Health and Safety Lead - Katy Millard 07985 346 557

**Sponsored by** 



