Living Stronger Together Ormsgill

St Mary's Hospice

For anyone living with dementia and their carers

Every Tuesday

1:30pm - 3:30pm

Ormsgill Family Centre
Millstone Avenue
LA14 4BP

To join us, call: 01229 444407

Welcoming sessions featuring gentle physical activity, wellbeing support, and sharing memories of sport and life



Scan me for more info

Need more info? Visit stmaryshospice.org.uk or call 01229 444407

RCN 517738

Registered with FUNDRAISING REGULATOR