Soothing Sound Bath Ambleside

St Mary's Hospice
Compassion and care closer to home

Open to those with life-limiting conditions, carers, and those experiencing grief

Tuesday 4th May

5:30pm - 7:00pm

Kelsick Grammar
Stockghyll Lane
Ambleside
LA22 0QY

To book, call: 01229 444407

A time to rest and unwind with a guided relaxation accompanied by the sounds of singing bowls and other instruments



Scan me for more info

Need more info? Visit stmaryshospice.org.uk
or call 01229 444407

RCN 517738
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