Soothing Sound Bath Ambleside

St Mary's Hospice
Compassion and care closer to home

Open to those with life-limiting conditions, carers, and those experiencing grief

Tuesday 1st December

5:30pm - 7:00pm

Kelsick Grammar
Stockghyll Lane
Ambleside
LA22 0QY

To book, call: 01229 444407

A time to rest and unwind with a guided relaxation accompanied by the sounds of singing bowls and other instruments



Scan me for more info

Need more info? Visit stmaryshospice.org.uk
or call 01229 444407

RCN 517738

Registered with FUNDRAISING REGULATOR